

H&I NEEDS YOU!!!

If you are looking for an amazing way to give back to the fellowship consider service to H&I.

We desperately need volunteers to carry the message to those who are inside of hospitals and institutions and cannot get out to a regular meeting in the public

Volunteers currently needed in a big way are:

EMDC females

EMDC males

&

Parkwood volunteers and scheduler

Remember through H&I you won't get high!!

Contact Joe G at handi@glana.ca