

GLASC MONTHLY AREA MEETINGS

The Greater London Area Service Committee (GLASC) Meets the Second Sunday of every month at St. Joseph's Hospital at 12:30pm.

Vacant Positions

Position	Clean Time Requirement
Alt Treasurer	2 yrs.
Alt Literature	2 yrs.
Alt RCM	6 yrs.
Alt ASCR	2 yrs.
Policies & Procedures Chair	3 yrs.
Alt P&P	2 yrs.
Outreach Chair	1 yr.
Public Information Chair	2 yrs.

GLANA Sub-committee Meetings

Meet on the 4th Sunday of every month (same Place)

1pm – Administration

Hospitals and Institutions

2pm – Public Information

Activities

3pm – Newsletter

Ad Hoc

Outreach

ORCNA 2020 Registration Committee

ORCNA 2021 Bid Committee

In-Hospital Directions to Meeting Rooms:

Use the Cheapside St. Entrance

Take the open staircase to the top and turn right. Continue down the hallway to the end and turn left. Follow the hall to the end and turn left.

GLANA™ is the Greater London Area of Narcotics Anonymous

Our toll-free phone line:

1-888-811-3887



GLANA Newsletter

August/September 2019

Meetings In Need of Support

Whatever Works

Knox Presbyterian Church
9 Victoria Street, **Goderich**
Tuesdays at 8pm

Recovery Happens

St. Mary's Memorial Hospital (basement)
267 Queen St. W. **St. Mary's**
Fridays at 7:30pm

Straight Talk

Cathedral Church of St. Paul
472 Richmond St. **London**
Sunday's at 8pm

Living Clean

Salvation Army Centre of Hope (Chapel)
281 Wellington St. **London**
Friday's at 7:00pm

Time to Get Real

Salvation Army Centre of Hope (Chapel)
281 Wellington St. **London**
Saturday 1:30pm, Sunday 10:00am & Monday 10:00am

For more information on meeting dates, times and formats,
visit glana.ca and follow the "Meetings" link

GLANA BIRTHDAYS



August

- Tracy D. celebrates 3 years on August 11th at Sunday night's Straight Talk
- Bill L. acknowledges 8 years on August 12th at Monday night's New Horizons. Woodstock
- Sandy A. celebrates 3 years on August 17th at Saturday night's Steps to Freedom
- Darren R celebrates 2 years on August 18th at Sunday night's Straight Talk
- Kristen T. celebrates 14 years on August 18th at Sunday night's Recovery Lounge
- Jody W. acknowledges 12 years on August 19th at Monday night's I Can't We Can
- Paul D. acknowledges 6 years on August 19th at Monday night's I Can't We Can
- Linda A. celebrates 5 years on August 24th at Saturday night's Steps to Freedom
- Rob R. celebrates 2 years on August 26th at Monday morning's Time to Get Real
- Al M. acknowledges 26 years on August 30th at Friday night's Grateful Group
- Jeff L. celebrates 4 years on August 31st at Saturday night's New Horizons. Woodstock
- Laura F. celebrates 25 years on August 31 at Saturday night's Stopping the Damage. Stratford

September

- Hugo J. acknowledges 8 years on September 6th at Friday night's Grateful Group
- Amanda N.-M. celebrates 3 years on September 6th at Friday night's Grateful Group
- Sammie C. acknowledges 8 years on September 7th at Saturday night's Steps to Freedom

H&I NEEDS YOU!!!

If you are looking for an amazing way to give back to the fellowship consider service to H&I.

Hospitals & Institutions Meetings are intended to simply introduce those attending to some of the basics of the N.A. Program. An H&I meeting provides the first exposure to recovery in Narcotics Anonymous for many addicts

Volunteers currently needed in a big way are:

EMDC females and males
Sarnia and Stratford Jail males
&
Parkwood volunteers and scheduler

Meeting Locations and Times

Stratford Jail - Saturday at 2PM
Sarnia Jail - Thursday at 5:30PM
EMDC Females – Thursday at 5:45PM
EMDC Males – Wednesday at 5:45PM
Centre of Hope Withdrawal Management – Saturday at 7PM
Parkwood Institute Mental Health Centre – Thursday at 6:30PM

Remember through H&I you won't get high!!

Contact Joe G at handi@glana.ca

"A recovering addict without a sponsor is much like leaving Dracula in charge of the blood bank."

Did you know? 😊 NAWS is in the process of a new book project called the Spiritual Principle a Day Like the JFT there will be a reading per day. They have been submitted by the fellowship – individuals, home groups etc. –and their experiences with living the principles. They have already chosen submissions for the first four principles and are looking for feedback on them. After this they will be working on the next four. Go to www.na.org for more details on this project. and to read all of them. The deadline for feedback on the first four principles is September 1, 2019. I have started to read them myself and find them very good and relatable to my own journey.

CCNA XXVII is coming up soon! September 6, 7 & 8 2019 in beautiful Niagara Falls, Ontario at the Americana Conference Resort and Spa. Discounted preregistrations ended on August 9th. For more information and registration go to www.canadianconvention.com .

Birthdays Continued

- Chuck F. celebrates 28 years on September 14th at Saturday afternoon's Time to Get Real
- Ed W. celebrates 1 year on September 20th at Friday night's Grateful Group
- Andy F. acknowledges 23 years on September 21th at Saturday night's New Horizons. Woodstock
- \Nik W. acknowledges 18 months on September 22nd at Sunday night's Straight Talk\
- Ashley S. celebrates 3 years on September 29th at Sunday night's Straight Talk

October

- Dan B. celebrates 18 months on October 17th at Monday nights New Horizons, Woodstock
- Kyle C. acknowledges 18 months on October 13th at Sunday night's Recovery Lounge
- Jenna D. celebrates 4 years on October 20th at Sunday night's Recovery Lounge
- Ed S. acknowledges 18 months on October 27th at Sunday night's Recovery Lounge

“Narcotics Anonymous is a program of action, not Theory. We don’t think our way into a new way of living; we live our way into a new way of thinking.”

The Greater London and Area Service Committee

Chair – Kevin B.

Alt. Chair – Pete H.

Secretary – Michelle H.

Alt. Secretary – Hailey

Treasurer – Michael S.

***Alt Treasurer – Vacant**

ACSR – Donna A.

Alt ACSR – Vacant

Web Servant – Grant D.

Alt Web Servant – Greg B.

RCM – Andy F.

Alt RCM – Vacant

P&P – Vacant

Alt P&P – Vacant

Activities – Jenn F.

Literature – Sammie C.

Alt. Literature – Vacant

Outreach – Vacant

Public Information – Vacant

Newsletter – Laurie C.

Hospitals and Institutions – Joe G.



On the opposite page are all the positions of the GLASC. "Vacant" holds 8 of these positions and is burning out! Please come out to an area meeting and see what we are all about. Many of the positions available are alternates meaning that these people are mentored into the position. All these positions are vital to carry the message to the still suffering addict which is what we are all about.

We are in desperate need of an alternate treasurer. Michael will mentor the person into the position. So, if you have some experience in working with numbers and are familiar with MS Excel, these would be definite assets.

The GLASC meets the second Sunday of every month at St. Joseph's Hospital.

Come out and do some service! 😊

"We recognize our spiritual growth when we are able to reach out and help others."

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