

GLASC MONTHLY AREA MEETINGS

The Greater London Area Service Committee (GLASC) Meets the Second Tuesday of every month at St. Joseph's Hospital. 12:30pm

Vacant Positions

Position	Clean Time Requirement
Secretary	1 yr.
Alt Secretary	1 yr.
ASCR	2yrs
Alt ASCR	2 yrs.
Alt Web servant	2 yrs.
P&P	3 yrs.
Alt P&P	2 yrs.

This list will be updated next newsletter. Elections for the administrative positions takes place at the January GLASC meeting.

GLANA Sub-committee Meetings

Meets the 4th Sunday of every month (same Place)

1pm – Administration
Hospitals and Institutions
2pm – Public Information
Activities
3pm – Newsletter
Ad – Hoc

In-Hospital Directions to Meeting Rooms:

Take the open staircase to the top and turn right. Continue down the hallway to the end and turn left. Follow the hall to the end and turn left.



GLANA Newsletter

JANUARY/FEBRUARY 2019

“HAPPY NEW YEAR”

Meetings In Need of Support

Whatever Works

Knox Presbyterian Church
9 Victoria Street, **Goderich**
Tuesdays at 8pm

Recovery Happens

St. Mary's Memorial Hospital (basement)
267 Queen St. W. **St. Mary's**
Fridays at 7:30pm

Straight Talk

Cathedral Church of St. Paul
472 Richmond St. **London**
Sunday's at 8pm

Living Clean

Salvation Army Centre of Hope (Chapel)
281 Wellington St. **London**
Friday's at 7:00pm

For more information on meeting dates, times and formats, visit glana.ca and follow the “Meetings” link

The Friday night Women's Meeting “She Will Recover” is closed..

GLANA Anniversaries

January

- Terrance D. acknowledges 8 years on January 15th at Tuesday night's Alive and Kicking
- John N. celebrates 20 years on January 15th at Tuesday night's Alive and Kicking
- Sean H. celebrates 18 months on January 17th at Thursday night's Just for Today
- Kim L. celebrates 4 years on January 18th at Friday night's Walking in Recovery. St. Thomas
- Dan P. acknowledges 27 years on January 22nd at Tuesday night's Alive and Kicking
- Brandon V. celebrates 5 years on January 27th at Sunday night's Recovery Lounge
- Grant D. acknowledges 8 years on January 27th at Sunday night's Recovery Lounge
- Tom J. celebrates 26 years on January 27th at Sunday night's Serenity Seekers. Stratford

February

- Nancy B. acknowledges 14 years on February 4th at Monday night's I Cant We Can
- Rob P. acknowledges 36 years on February 4th at Monday night's I Can't We Can
- Pete H. acknowledges 14 years on February 5th at Tuesday night's Alive and Kicking
- Liam K. celebrates 3 years on February 10th at Sunday night's Recovery Lounge
- Michelle H. acknowledges 8 years on February 12th at Tuesday night's Alive and Kicking
- Melissa C. celebrates 8 years on February 16th at Saturday night's How it Works. Ingersoll
- Eric A. celebrates 3 years on February 17th at Sunday night's Recovery Lounge

March

- Julie R. celebrates 5 years on March 7th at Thursday night's Just for Today

H&I NEEDS YOU!!!

If you are looking for an amazing way to give back to the fellowship consider service to H&I.

We desperately need volunteers to carry the message to those who are inside of hospitals and institutions and cannot get out to a regular meeting in the public

Volunteers currently needed in a big way are:

EMDC females

EMDC males

&

Parkwood volunteers and scheduler

Remember through H&I you won't get high!!

Contact Joe G at handi@glana.ca

ATTENTION – The GLASC is in desperate need of a Secretary. It is vital to have this position filled in order to have the meetings. There is a one year clean time requirement. A working knowledge of computers and Microsoft Word would be an asset. There is a template made up so most of the work taking the minutes is check marks and fill in the blanks. The Alt Chair will mentor you. If you are interested, come out to the GLASC area meeting on the second Sunday of the month

“GLANA” is the Greater London Area of Narcotics

Anonymous

Our toll-free phone line:

1-888-811-3887

SUBCOMMITTEE NEWS

Activities Subcommittee

The New Year's Event was well attended and fun was had by all. A big thank you goes out to those who helped at the event. Stay tuned right here for an announcement regarding the next event in the next newsletter.

Newsletter Subcommittee

To those talented poets and song writers, I would like to put your work in the newsletter instead of getting stuff from the internet. Please submit your work to newsletter@glana.ca or you can give a copy to me. Laurie C.

H&I Subcommittee

There is a need for more women to take "the message" into the EMDC, Parkwood Mental Health and the Detox Centre. This is a great way to give back and do some service. For more information or to find out if you qualify to go, contact Joe G. at h&i@glana.ca or come to the subcommittee meeting at St. Joseph's Hospital on the 4th Sunday of every month.

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**Addiction begins with the hope that something
"out there" can instantly fill up the emptiness
inside.**

Jean Kilbourne

Public Information Subcommittee

The radio ads are continuing to run on 107.7 FM Stratford on the weekends late in the evenings. The bus ads will likely be starting this month in Sarnia, Woodstock and Stratford.

Budget Ad Hoc Committee

This committee has been struck to bring to the Area table, ideas that would help improve the process of making up the yearly budget. It meets at 3pm on the 4th Sunday of the month. Anyone who is interested is welcome to attend.

RIDE TO RECOVERY 2019 AD HOC COMMITTEE

It's Really Going to Happen, Tickets will be Available Soon. Stay Tuned!!!!

Here are some of the preliminary details

- This is a bus going to ORCNA 32 in Kingston
- It will be leaving Friday May 10 and returning Sunday May 12
- Pickup and Drop off Locations are in Sarnia, London, and Woodstock
- There are limited tickets available (56 to be exact) so purchase yours early to reserve your spot.
 - Tickets will be available starting January 27th
- The tickets are only for a seat on the bus. You are responsible for your own ORCNA registration and accommodation
- Final ticket prices and exact pick up times and locations are yet to be determined

If you have any questions for concerns or would like to join this committee, then come to the meeting at St. Joseph's Hospital on the 4th Sunday of the month at 3pm



ORCNA XXXII May, 10th-12th, 2019

Ontario Regional Convention of Narcotics Anonymous



Ambassador Hotel & Conference Centre

1550 Princess St, Kingston, ON K7M 9E3

(613) 548-3605

www.orena.ca

UPCOMING CONVENTION DATES

ORCNA – May 10 – 12, 2019 in Kingston ON

CCNA – September 6, 7, & 8, 2019 in Niagra Falls, ON

WCNA – 2021 in Melbourne, Australia