

## MEETING LEGEND

**12**=12 Steps; **1,2,3**= Steps 1, 2, and 3; **BT**= Basic Text; **CN**= Candlelight; **C**= Closed; **CF**= Child-Friendly; **D**= Discussion; **H+W**= It Works How and Why; **J**= Just for Today; **L**= Literature; **LC**= Living Clean; **M**= Men's Meeting; **O**= Open; **S**= Speaker; **T**= Traditions; **WC**= Wheel Chair Access; **WM**= Women's Meeting

### SUNDAY:

Time to Get Real **10:00 AM**  
Salvation Army Centre of Hope (Chapel)  
281 Wellington St, **London**  
D/L/O/WC

Living, Laughing, Learning **12:00 PM**  
River City Centre  
260 Mitton St, North, **Sarnia**  
C/D

Recovery Lounge **7:00 PM**  
Knollwood Baptist Church  
800 Cheapside Street, **London**  
BT/LC/D/O/S

Straight Talk **8:00 PM**  
Cathedral Church of St. Paul  
472 Richmond Street, **London**  
C/D/L/WC

Serenity Seekers **8:00 PM**  
St. Paul's Anglican Church  
9 Douro Street, **Stratford**  
BT/C/D

### MONDAY:

Time to Get Real **10:00 AM**  
Salvation Army Centre of Hope (Chapel)  
281 Wellington St, **London**  
D/L/O/WC

New Horizons **6:00 PM**  
The Church of the Epiphany (Rear Entrance)  
560 Dundas Street, **Woodstock**  
12/CN/J/L/O/S

Basic Text Study **7:00 PM**  
River City Centre  
260 Mitton Street, North, **Sarnia**  
BT/C/D (O/S-2<sup>nd</sup> Monday)

I Can't We Can **7:30 PM**  
First Baptist Church  
568 Richmond Street, **London**  
12/1,2,3/BT/O/H+W/S/T

### TUESDAY:

New Beginnings **6:30 PM**  
Bluewater Health Addiction Services, 6<sup>th</sup> Floor  
(Enter off of Russell St, Staff entrance)  
89 Norman St, **Sarnia**  
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New Horizons **7:00 PM**  
The Church of the Epiphany (Rear Entrance)  
560 Dundas Street, **Woodstock**  
12/CN/J/L/O/S

Just for Today **7:00 PM**  
River City Centre  
260 Mitton Street, North, **Sarnia**  
C/D

Alive and Kicking **7:30 PM**  
Wesley Knox United Church  
91 Askin Street, **London**  
12/BT/C/D/L/LC/T/WC

Whatever Works **8:00 PM**  
Knox Presbyterian Church  
9 Victoria Street, **Goderich**  
BT/C/CN/D

### WEDNESDAY:

Freedom is a Choice **10:00 AM**  
River City Centre  
260 Mitton Street, North, **Sarnia**  
O/D

Slowly Getting Better **7:00 PM**  
River City Centre  
260 Mitton St, North, **Sarnia**  
C/D

Stopping the Damage **7:00 PM**  
Knox Presbyterian Church  
142 Ontario Street, **Stratford**  
C/D

Hope Hour **7:00 PM**  
Tillsonburg Public Library  
2 Library Lane, **Tillsonburg**  
O/L/D  
This Meeting Is also a Part of Norfolk Brant Area

Back to Basics **7:30 PM**  
Wesley Knox United Church  
91 Askin Street, **London**  
CN/D/J/LC/O/WC

### THURSDAY

Survivors Group **7:00 PM**  
Central United Church  
220 George St, **Sarnia**  
C/D/L

Just for Today **7:30 PM**  
All Saint's Anglican Church  
249 Hamilton Road, **London**  
O/CF/D/L

Whatever Works **8:00 PM**  
Knox Presbyterian Church  
9 Victoria Street, **Goderich**  
BT/C/CN/D (O/S last Thursday)

Serenity Seekers **8:00 PM**  
St. Paul's Anglican Church  
9 Douro Street, **Stratford**  
BT/C/D

New Horizons **8:30 PM**  
Church of the Epiphany (Rear Entrance)  
560 Dundas Street, **Woodstock**  
12/CN/J/L/O/S

**FRIDAY:**

Alive & Kicking **7:00 PM**  
St. Luke's United Church  
350 Indian Rd, South, (At Wellington), **Sarnia**  
D/O/WC (S-3<sup>rd</sup> Friday except in May)

Living Clean **7:00 PM**  
Salvation Army Centre of Hope (Chapel)  
281 Wellington St, **London**  
D/LC/O

Recovery Happens **7:30 PM**  
St. Mary's Memorial Hospital (In The Basement)  
267 Queen St, West, **St. Mary's**  
C/BT/WC

Walking in Recovery **7:30 PM**  
Centre Street Baptist Church  
160 Centre St, West, **St. Thomas**  
D/O (12-1<sup>st</sup>, S-5<sup>th</sup> Friday)

Grateful Group **8:00 PM**  
All Saint's Anglican Church  
249 Hamilton Rd, **London**  
C/D/WC

**SATURDAY:**

Time to Get Real **1:30 PM**  
Salvation Army Centre of Hope (Chapel)  
281 Wellington St, **London**  
D/L/O/WC

How It Works **7:00 PM**  
Trinity United Church  
118 Church Street, **Ingersoll**  
O/WC/CF/L (S- last Saturday)

Together We Can **7:00 PM**  
River City Centre  
260 Mitton Street, **Sarnia**  
C/D

Steps to Freedom **7:00 PM**  
All Saint's Anglican Church  
249 Hamilton Road, **London**  
12/C/D/L

Stopping the Damage **7:00 PM**  
Knox Presbyterian Church  
142 Ontario Street, **Stratford**  
C/D (Last Saturday Open Speaker)

New Horizons **7:00 PM**  
The Church of the Epiphany (Rear Entrance)  
560 Dundas Street, **Woodstock**  
12/CN/J/L/O/S

*"Narcotics Anonymous is a group of recovering addicts who live without the use of drugs. It cost nothing to be a member. The only requirement for membership is a desire to stop using."*

**PHONE NUMBERS**

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**DRUG PROBLEM**

**WE CAN HELP!**



**GREATER LONDON AREA  
OF NARCOTICS  
ANONYMOUS MEETING  
LIST**

**(Includes Goderich, Ingersoll, London,  
Petrolia, Sarnia, Stratford, St. Thomas, St,  
Mary's and Woodstock)**

Visit us at [www.glana.ca](http://www.glana.ca)

**Call toll-free  
1-888-811-3887**

**March 2019**

**To request updates to the meeting list please  
email the Public information subcommittee at  
Pi@glana.ca**